



## Newtown Recreation YOUTH INDOOR SOCCER RULES



### THE GAME

- Except for the regulations covered in these rules, all rules of the Newtown Recreation Youth Soccer League will be those of FIFA/FUTSAL.
- **5/6yr. Coed** – Four 7 minute quarters.
- **7/8yr. Boys**- Each team plays four 8 minute quarters .
- **7/8yr. Girls** – Each team plays four 8 minute quarters .
- **9/10yr. Boys/Girls** - Each team plays four 8 minute quarters .
- **RUNNING CLOCK GAMES**
- Play will restart at the center circle to start each quarter. (Alternate possessions) (Referee will keep the official time)
- Kickoff starts play at the beginning of each quarter and after every goal.
- Five-minute half time (4 min for 5/6 coed) and one minute between quarters.
- Teams will switch sides of field at halftime.
- **5/6yr. Coed – 5 vs. 5 (includes goalie)**
- **7/8yr. Girls – 5 vs. 5 (includes goalie)**
- **7/8yr. Boys –5 vs. 5 (includes goalie)**
- **9/10yr. Girls – 5 vs. 5 (includes goalie)**
- **9/10yr Boys– 4 vs. 4 (includes goalie)**
- No slide tackling. Players shall not intentionally leave their feet near other players.
- 5/6yr Boys/Girls: Size 3 Soccer Ball
- 7/8; 9/10: Size 4 Soccer Ball
- Offsides will NOT be called.
- All fouls will result in an IN-DIRECT Kick from the spot of the foul.
- All defenders must be at least 10 (ten) feet away from the ball.
- No over-time. Games will end in a tie.
- Indirect kicks and kickoffs must be a pass to a teammate.

### SUBSTITUTIONS & PLAYING REQUIREMENTS

- Substitutions will be made “on the fly”, in the event of an injury, and/or at the discretion of the referee.
- No player will sit out two quarters until all other players have sat out at least one quarter.
- No player shall play all 4 quarters unless all other players have played in 3 quarters.
- Each player should play at least one quarter in an offensive position.
- Coaches should actively rotate players to different positions on the field.

### COACHES

- Coaches will remain in the team box/bench for the duration of the game.
- No coach, parent, or player is allowed behind the goal during the game.

### MISCELLANIOUS

- The Referee will stop play if a player appears to be injured and in danger.
- League Standings are not kept.
- **Hard cast and splints will not be permitted on the playing field. Any player with a cast or splint will not be allowed to play.**